

Monthly Staff and Community Mental Well-Being Series

District staff and families are invited to attend monthly presentations focused on mental well-being.

All presentations in the series will take place:

7 - 8:30 p.m.

WBLAHS - North Campus

5045 Division Ave., White Bear Lake

- Jan. 31** *Screening of “Children’s Mental Health: The Whole Story”*
(movie is 2 hours in length)
- Feb. 28** *Depression & Anxiety*
presented by Amanda Maki and Eileen Marzullo
- Mar. 28** *High Achieving Kids and Mental Health Pressure*
presented by Chris Vendel
- Apr. 25** *“How the Brain Responds to Stress, Distress, and Trauma,
and What We Can Do To Support our Students”*
presented by Amanda Weinkauf
- May 23** *“Transgender Youth and Gender Diversity in our Schools”*
presented by Todd Savage and Leslie Lagerstrom
- June 20** *Summer Student Support (tentative topic)*

Questions? Contact John Nachtsheim (john.nachtsheim@isd624.org, 651-288-1807)



Series sponsored by
White Bear Lake Area Schools
Student Support Services Department.



www.isd624.org