Conscious Discipline 101 for Parents/Caregivers: Social Emotional Strategies to Utilize during Conflict

FREE EVENT!

Come learn about the comprehensive self-regulation program that integrates social emotional learning and discipline for you and your family.

Thursday, October 03, 2019 6 PM - 7:30 PM District Center

This presentation will be an overview of the Conscious Discipline model, with a focus on the importance of safety, connection, and problem solving for optimum brain development.

Register at bit.ly/2kFvz6Econscious-discipline to reserve your spot!

Questions? Call 651-653-3100











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