

Mental Health Crisis Planning for Families



June 14, 2016
5:45 – 7:45 pm

St. Paul

Hayden Heights
1456 White Bear Ave.

To register, go to
<http://mhcrisisplanningforfamiliesstpaul6-14.eventbrite.com/>

For information, contact Jody at
651-645-2948 X109



National Alliance on Mental Illness

MINNESOTA

800 Transfer Road, Suite 31
St. Paul, MN 55114
Phone: 1-651-645-2948
Toll Free: 1-888-626-4435
www.namihelps.org

Description:

Having a child with challenging behaviors or a mental illness can be stressful and at times families need help. Learn the role of county crisis teams, de-escalation techniques and how to create effective crisis plans.

This workshop also provides information about resources in the community.

