

Minnesota Immigrant & Refugee Rights Helpline



FOR ASSISTANCE CALL

651-287-3715

Helpline Hours

Tuesdays 1:00 pm–3:00 pm

Thursdays 6:00 pm–8:00 pm

The **Minnesota Immigrant and Refugee Rights Helpline** is a free resource for immigrants and refugees living in the state of Minnesota whose household income is below 250% of the Federal Poverty Guidelines. An income screening will be completed over the phone. Community members can call the helpline to be connected with an immigration attorney for a free legal consultation relating to any of the following:

- **Know Your Rights Legal Guidance**
- **Questions about President Trump's
Immigration Executive Orders**
 - **Travel Ban questions**
- **Immigration Court and Detention Information**
- **Advice for Emergency Family Planning**