

Monthly Staff and Community Mental Well-Being Series

District staff and families are invited to attend monthly presentations focused on mental well-being.

ADHD/ADD Supports and Toolbox

Presented by *Nicole McKinney, WBLAS*

7-8:30 p.m.

Mar. 19

*WBLAS - North Campus Theater
(5045 Division Avenue, WBL)*

Presentation will include a brief overview of ADHD/ADD and then what we as parents, educators and the community can do to support our students who struggle with the impact of ADD and ADHD.

UPCOMING EVENTS IN THE SERIES:

April 16 (7-8:30 p.m. at North Campus Theater) Healthy Teens and Safety by Ramsey County Public Health

May 21 (7-8:30 p.m. at North Campus Theater) Finding Self-Control: Responses to Children's Emotional and Physical Outbursts by Jenny Hanlon, M.Ed, WBLAS



Series sponsored by
White Bear Lake Area Schools
Student Support Services Department.



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