

FROZEN MENU SELECTION

CHICKEN/TURKEY	BEEF	PORK	ASIAN
CHICKEN PENNE ALFREDO GARLIC GREEN BEANS BREAD FRUIT OR DESSERT	BEEF CHILI CAULIFLOWER WITH CHEESE SAUCE BREAD FRUIT OR DESSERT GF	BBQ PORK SANDWICH CHEESY CAULIFLOWER PEACH CRISP WHOLE WHEAT BUN FRUIT OR DESSERT	CHICKEN STIR FRY BROWN RICE APPLE CRUMBLE FRUIT BREAD
CHICKEN PARMA ROSA LINGUINI ROASTED CARROTS FRUIT OR DESSERT BREAD	SPAGHETTI BOLOGNESE VEGETABLE BLEND BREAD FRUIT OR DESSERT	SAUSAGE AND PEPPERS POLENTA ROSEMARY BUTTERED ZUCHINNI BREAD FRUIT OR DESSERT- GDF	CHICKEN CURRY WHITE RICE EDAMAME FRUIT OR DESSERT BREAD GDF
FRENCH TOAST HASHBROWNS TURKEY SAUSAGE MAPLE SYRUP FRUIT OR DESSERT	BEEF POT ROAST ROASTED VEGETABLES MASHED POTATOES BREAD FRUIT OR DESSERT	ROASTED PORK LOIN REDWINE MUSHROOM SAUCE MASHED POTATOES CAULIFLOWER FRUIT OR DESSERT AND BREAD	TERIYAKI PORK BROWN RICE GINGER SOY GREEN BEANS FRUIT OR DESSERT BREAD DF
CHICKEN PARMESAN MARINARA SAUCE BALSAMIC GREEN BEANS FRUIT OR DESSERT BREAD	TATOR TOT HOTDISH GREEN BEANS BREAD FRUIT OR DESSERT		KOREAN BEEF MEATBALLS RICE NOODLES CAULIFLOWER FRUIT OR DESSERT BREAD DF
ROAST TURKEY BREAST MASHED POTATOES AND GRAVY SUCCOTASH BREAD FRUIT OR DESSERT	SHEPARD'S PIE MASHED POTATOES GREEN BEANS BREAD FRUIT OR DESSERT		VEGGIE LO MEIN MIXED VEGGIES SWEET SOY SAUCE FRUIT OR DESSERT BREAD GDF
CHICKEN ENCHILADA BAKE SPANISH RICE CREAMED BUTTERED CORN BREAD FRUIT OR DESSERT GF	BEEF SLOPPY JOE MASHED POTATOES CARROTS WHOLE WHEAT BUN FRUIT OR DESSERT	VEGETARIAN CHEESY EGG BAKE SEASONAL VEGETABLES BREAD PUDDING FRUIT OR DESSERT GF	
CHICKEN TACO BOWL CORN AND BEAN SALSA SPANISH RICE FRUIT OR DESSERT BREAD GDF	BEEF GOULASH MACARONI GARLIC PARMESAN GREEN BEANS FRUIT OR DESSERT BREAD	MACARONI AND CHEESE STEAMED BROCCOLI FRUIT OR DESSERT BREAD	FISH / SEAFOOD LEMON FISH RICE PILAF MIXED VEGGIES BREAD FRUIT OR DESSERT GF
		RICOTTA DUMPLING MARINARA SAUCE SPAGHETTI MIXED VEGETABLES FRUIT OR DESSERT	CLAM LINGUINI CREAMY CLAM SAUCE SWEET PEAS FRUIT OR DESSERT BREAD
		VEGETARIAN ALFREDO PENNE NOODLES SPAGHETTI MIXED VEGETABLES FRUIT OR DESSERT	PARMESAN FISH LEMON DILL RICE PEAS FRUIT OR DESSERT BREAD
		BREAKFAST HASH CHEESY EGGS WARM PEACHES BREAD FRUIT OR DESSERT GF	MISO GLAZED FISH RICE NOODLES MIXED VEGGIES FRUIT OR DESSERT BREAD GDF