



# MAY 2018

**White Bear Area Senior Center**  
 2484 East County Road F, White Bear Lake  
 651-653-3121



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Yoga at Dance Center 9:30 Medicare Counseling 9:00  500 Cards 12:30 <hr/> AARP Smart Driver 5:00pm May Day	Aerobics at Dance Ctr 9:30 Woodcarving 9:00  Adult Coloring 9:00  Pinochle 12:00 Contract Bridge 12:00 <b>Friends Who Care 1:00 meet at Olive Garden</b>	Tai Chi at Dance Center 9:30 <b>Wellness Talk 10:00-11:00 "Get Ready for Doctor Appts"</b> <b>Wellness Check 11-11:30</b> Mad Hatters Knitting 10:00 <b>Lunch &amp; Learn 11:30-1:00</b> <b>WBL Library "Hospice/Palliative"</b> Mah Jongg 12:00 Cribbage 12:30 Dominoes 1:30	Aerobics at Dance Ctr 9:30 Duplicate Bridge 9:00  Foot Care 9:00-3:00   In Stitches 1:00
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Step Strength at Dance Ctr 9:30   Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30	Yoga at Dance Center 9:30  Foot Care 9:00-3:00  500 Cards 12:30 AARP Smart Driver class 12:30 <b>Advisory Meeting 1:00</b>	Aerobics at Dance Ctr 9:30 Woodcarving 9:00 Adult Coloring 9:00  Pinochle 12:00 Contract Bridge 12:00 Friends Who Care 1:00 <i>at Senior Center</i>	Tai Chi at Dance Center 9:30 Mad Hatters Knitting 10:00 <b>TED Talks 11:30 at WBL Library "See How the Rest of World Lives"</b> Mah Jongg 12:00 Cribbage 12:30 <hr/> AARP Smart Driver class 12:30	Aerobics at Dance Ctr 9:30 Duplicate Bridge 9:00  Foot Care 9:00-3:00  In Stitches 1:00 <b>Happy Mother's Day -Sunday</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Step Strength at Dance Ctr 9:30  <b>Ukulele Group 10:00-11:30</b>  Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30	Yoga at Dance Center 9:30 Medicare Counseling 9:00 <b>Chat Café 10:30-Noon Meet Andrea Kish-Bailey of WBL Food Shelf</b>  500 Cards 12:30	Aerobics at Dance Ctr 9:30 Woodcarving 9:00 Adult Coloring 9:00 <b>Computer Help 9:00-11:00</b> Pinochle 12:00 Contract Bridge 12:00 <hr/> AARP Smart Driver class 12:30 <b>Friends Who Care 1:00 meet at Gulden's Community Forum 3:30-5:30</b>	Tai Chi at Dance Center 9:30  Mad Hatters Knitting 10:00  Mah Jongg 12:00 Cribbage 12:30 Dominoes 1:30	Aerobics at Dance Ctr 9:30 Duplicate Bridge 9:00  Foot Care 9:00-3:00  In Stitches 1:00
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Step Strength at Dance Ctr 9:30  <b>Ukulele Group 10:00-11:30</b>  Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30	Yoga at Dance Center 9:30  Foot Care 9:00-3:00  500 Cards 12:30 <b>Vadnais Heights City Hall Tues May 22 2:00-3:00 "Real Estate &amp; Small Spaces"</b>	Aerobics at Dance Ctr 9:30 Woodcarving 9:00 Adult Coloring 9:00  Pinochle 12:00 Contract Bridge 12:00 Friends Who Care 1:00 <i>at Senior Center</i>	Tai Chi at Dance Center 9:30 <hr/> AARP Smart Driver class 8:30 Mad Hatters Knitting 10:00  Mah Jongg 12:00 Cribbage 12:30	Aerobics at Dance Ctr 9:30 Duplicate Bridge 9:00  Foot Care 9:00-3:00  In Stitches 1:00
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>NO Step With Strength class</b>  NO Readers Group <b>Senior Center CLOSED</b>  <b>Memorial Day</b>	Yoga at Dance Center 9:30  500 Cards 12:30 <hr/> Class -Pet First Aid 1:00	Aerobics at Dance Ctr 9:30 Woodcarving 9:00 Adult Coloring 9:00  Pinochle 12:00 Contract Bridge 12:00 Friends Who Care-no meeting	Tai Chi at Dance Center 9:30 <hr/> AARP Smart Driver class 8:30 Mad Hatters Knitting 10:00  Mah Jongg 12:00 Cribbage 12:30 Dominoes 1:30	<b>Celebration: Community Forum on Seniors at Hanifl Performing Arts Center, WBL Wed May 16 3:30-5:30</b>