





JANUARY 2018

White Bear Area Senior Center
2484 East County Road F, White Bear Lake
651-653-3121



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO Aerobics	Yoga -Dance Center 9:30 Medicare Counseling 9:00	Aerobics -Dance Center 9:30 Woodcarving 9:00 Adult Coloring 9:00	Tai Chi -Dance Center 9:30 <i>Wellness Checks 9:00-11:00</i> Mad Hatters Knitting 10:00	Aerobics -Dance Center 9:30 Duplicate Bridge 9:00
Senior Center CLOSED	Foot Care 9:30-3:00 500 Cards 12:30	Pinochle 12:00 Contract Bridge 12:00 <i>Friends Who Care 1:00 meet at Jimmy's</i>	<i>Lunch & Learn 11:30-1:00 at WBL Library "Vision Loss"</i> Mah Jongg 12:00 Cribbage 12:30 Dominoes 1:30	Foot Care 9:30-3:00 In Stitches 1:00
 <i>Happy New Year!</i>				
8	9	10	11	12
Aerobics -Dance Center 9:30	Yoga -Dance Center 9:30	Aerobics -Dance Center 9:30 WB Senior Network 8:30-10:30 Woodcarving 9:00 Adult Coloring 9:00	Tai Chi -Dance Center 9:30 AARP Smart Driver class 8:30 Mad Hatters Knitting 10:00 <i>TED Talks 11:30 -WBL Library "Teach Girls Bravery"</i>	Aerobics -Dance Center 9:30 Duplicate Bridge 9:00
Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30	Foot Care 9:30-3:00 500 Cards 12:30 AARP Smart Driver class 12:30 Advisory Meeting 1:00	Pinochle 12:00 Contract Bridge 12:00 Friends Who Care 1:00 at Senior Center	Mah Jongg 12:00 Cribbage 12:30	Foot Care 9:30-3:00 In Stitches 1:00
15	16	17	18	19
NO Aerobics	Yoga -Dance Center 9:30 Medicare Counseling 9:00	Aerobics -Dance Center 9:30 Woodcarving 9:00 Adult Coloring 9:00	Tai Chi -Dance Center 9:30 Mad Hatters Knitting 10:00	Aerobics -Dance Center 9:30 Duplicate Bridge 9:00
Senior Center CLOSED	<i>Chat Café 10:30-Noon</i> <i>Meet Suzi Hudson, Exec Dir White Bear Center for Arts</i>	<i>Computer Help 9:00-11:00</i> Pinochle 12:00 Contract Bridge 12:00	Mah Jongg 12:00	Foot Care 9:30-3:00
 <i>Martin Luther King Day</i>	AARP Smart Driver class 12:30 500 Cards 12:30	AARP Smart Driver class 12:30 <i>Friends Who Care 1:00 meet at Great Moon Buffet</i>	Cribbage 12:30 Dominoes 1:30	In Stitches 1:00
22	23	24	25	26
Aerobics -Dance Center 9:30	Yoga -Dance Center 9:30 <i>Class -Bob Ross Painting Blue Sky 9:00-12:30</i>	Aerobics -Dance Center 9:30 Woodcarving 9:00 Adult Coloring 9:00	Tai Chi -Dance Center 9:30 Mad Hatters Knitting 10:00	Aerobics -Dance Center 9:30 Duplicate Bridge 9:00
Readers Group 10:00	Foot Care 9:30-3:00 500 Cards 12:30 <i>A System for Life's Transitions 1:00-2:30 class</i> AARP Smart Driver 5:00pm	<i>Senior Surf Day 9:00-11:00</i> Pinochle 12:00 Contract Bridge 12:00 Friends Who Care 1:00 at Senior Center	<i>Dementia Friends 10:30 at Church of St Pius X, WBL</i> Mah Jongg 12:00 Cribbage 12:30	Foot Care 9:30-3:00 In Stitches 1:00
Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30				
29	30	31	Presentation: Vadnais Heights City Hall Tues Jan 23 2:00-3:00 <i>"Newtrax Bus Circular"</i>	
Aerobics -Dance Center 9:30	Yoga -Dance Center 9:30	Aerobics -Dance Center 9:30 Woodcarving 9:00 Adult Coloring 9:00		
Mah Jongg 12:00 Cribbage 12:30 Duplicate Bridge 12:30	500 Cards 12:30	Pinochle 12:00 Contract Bridge 12:00 Friends Who Care -no meeting		